

SPA & WELLNESS



Omilos Hotels

A SPACE OF CALM,
CREATED FOR REST, RESTORATION
AND QUIET ENJOYMENT.

Our spa is an intimate setting where time gently slows, and every detail is designed for your comfort. Whether you're seeking deep relaxation, a moment of stillness or a shared experience, every visit feels personal and effortless.

From restorative treatments to soothing rituals, our approach is simple: to create a sense of balance, comfort and relaxation.



EXPERIENCES & TREATMENTS



Bespoke face and body treatments



Signature massage rituals



Curated spa programs
and seasonal offers



Shared rituals for two,
designed for connection and relaxation



SPA FACILITIES



Sauna



Jacuzzi



Relaxation area

A space designed for privacy, comfort
and a gentle sense of escape.



RESERVATION

Each spa experience is tailored individually.

For availability, recommendations, or to reserve your preferred time, we invite you to contact us directly. We will be delighted to assist you.



Book via WhatsApp

SPA MENU

MASSAGES

Aromatherapy Relaxing Massage

50 min

A deeply soothing aromatherapy ritual defined by soft touch, where gentle, flowing movements and carefully selected essential oils inspired by Greek nature, relax the body, calm the mind, and restore a sense of serene balance.

Swedish Massage

50 min

A classic pressure massage designed to relax the body and restore balance. Using long, flowing strokes combined with light to medium pressure, this treatment improves circulation, relieves muscle tension, and promotes deep relaxation.

Melting Sensation Candle Massage

50 min

An indulgent ritual using specially formulated massage candles that melt into a warm blend of nourishing oils, designed to hydrate, protect, and leave the skin silky smooth - while gentle, flowing movements and soothing warmth melt away tension and envelop the body in pure comfort.


Deep Tissue Massage

50 min

A powerful, results-driven treatment designed to reach deeper layers of muscle, releasing chronic tension and restoring mobility — leaving the body rebalanced, strengthened, and profoundly renewed.



OLIVE RITUAL OF CRETE

The power of nature. 
Timeless traditions.

60 min



Cretan Experience

— Olive Ritual of Crete —



NATURAL OILS
Pure olive oil
for your skin
and soul



DEEP RECOVERY
Restores harmony
to body, mind,
and inner balance



CRETAN HARMONY
Ancient traditions
in every
drop

— SPA WELLNESS CRETE —



MASSAGES

3- in-1 Massage Therapy 60 min

A refined treatment focused on the body's most tension-prone areas: back & shoulders, feet & calves, and neck & head. Expertly designed to release deep-seated stress, improve circulation, and restore a sense of complete lightness and balance.

Back, Shoulders & Neck 30 min

A targeted, tension-relieving treatment designed to ease stiffness in the back, neck and shoulders, releasing deep-seated stress and restoring a sense of lightness, comfort, and effortless wellbeing.

Heavenly Head & Neck Massage 20 min

A sublime, tension-melting ritual focused on the neck and scalp, where stress quietly accumulates, relieving pressure, calming the mind, and leaving you in a blissful state of floating serenity

Foot & Calves Massage 30 min

A deeply relieving treatment designed to revive tired feet and overworked calves - easing tension, improving circulation, and restoring a light, effortless sense of movement and comfort.

Spa



WELLNESS CRETE



Hot Stone Massage 60 min

Our signature bestseller, designed for everyone seeking deep yet comforting relief - warm basalt stones gently release muscle tension while enhancing circulation, allowing the therapist to work more effectively with hands-on techniques, achieving a deeper level of relaxation and lasting balance.



DEEP RECOVERY

Restores harmony
to body, mind,
and inner balance

Facial Treatments

Aloe Vera Hydration & Nutrition

30 min

A soothing, moisture-rich facial infused with aloe vera to deeply hydrate, nourish, and restore the skin's natural radiance — leaving it soft, luminous, and beautifully refreshed. Complemented by décolleté care and completed with a heavenly relaxing head massage.

Multivitamin Energising

30 min

A revitalising facial enriched with essential vitamins to awaken the skin, restore vitality, and reveal a fresh, youthful complexion with a healthy, luminous glow, complemented by décolleté care and completed with a heavenly relaxing head massage.



Body Treatments

After - Sun Aloe Vera Wrap

30 min

A deeply soothing and replenishing ritual with cooling aloe vera to calm sun-exposed skin, restore hydration, and envelop the body in comfort, complemented by a relaxing head massage for complete relief and renewal.

Your Longer - Lasting Tan

30 min

A refined full body exfoliation that gently renews the skin, enhancing its natural glow and creating the perfect, smooth canvas for a longer-lasting, even and radiant tan.



Your Oasis of Relaxation



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